

Punctum Plugs

*You want to plug my WHAT?
(Your lacrimal Punctae.)*

Since you have “Dry Eyes”, your symptoms are caused by drying of the surface of the eyeball and lid margins.

Using “artificial tear” drops will relieve these symptoms in most cases.

In more severe cases, the eyes can be kept moist by “slowing the runoff” of the tears by blocking their drainage.

Tears are produced under the upper lids, bathe the eye, and drain into the nose through the nasolacrimal duct. They get into this duct by entering a tiny hole (the punctum) near the inner corner of both the upper and lower lids.

We can quickly and painlessly “plug” these openings (punctae) with a soft silicone plug.

This is a painless procedure done in the office under topical (drop) anesthesia and it is easily reversible.

This makes more tears available to the eyes and increases comfort.

Note: This is solid silicone and not the liquid silicone cited in the breast implant controversy.

